Fukushima Hamadori Coastal Area Model Itinerary 3

A Regeneration and Heritage Tour





Cycle the Spectacular Coastline of Iwaki

The 53-km lwaki Nanahama Kaido Cycling Road follows the Pacific Coast as it passes along the tidal barriers and other facilities built during the tsunami restoration project, as well as popular local attractions. Bicycle rental shops catering to cyclists of all levels are found along the route.





A Legacy of March 11, 2011

Exhibits at the Great East Japan Earthquake and Nuclear Disaster Memorial Museum display records of the earthquake and nuclear disaster, including the cause of the disasters, the responses, the experiences and thoughts of residents, as well as the issues and challenges of reconstruction. Fee: Adults: ¥600









The Miraculous School Grounds

Ukedo Elementary School in Namie Town was greatly damaged by the Great East Japan Earthquake and Tsunami, but fortunately all the students who attended the school at the time were evacuated to safety. Today it is a monument to survival from the disaster of March 11, 2011.



Entry Fee: Adults: ¥500



This tomato-themed complex, called Wonder Farm, is a highlight of Fukushima Hamadori's culinary scene. The facility offers guests a look at its tomato harvesting methods—as well as a chance to purchase fresh vegetables and fruits or enjoy a variety of authentic dishes at the attached restaurant.

Fees: Tomato Picking Experience: ¥1,500 (Reservations recommended; limited to weekends and summer vacation)



